Culinary Fare

The Waikato’s leading culinary competition inviting secondary students to showcase their cookery, restaurant, and bar service skills.

Thursday 4 and Friday 5 July 2024
Hospitality Centre, L Block, Rotokauri Campus

Enter the competition today!
wintec.ac.nz/culinaryfare
Welcome to the 19th Annual Waikato Culinary Fare

Wintec has proudly held the Waikato Culinary Fare, in partnership with Cater Plus, since 2004. It has been exciting to see such an increase in involvement from secondary schools, tertiary providers, and the hospitality industry, both in the Waikato and across New Zealand.

The Waikato Culinary Fare has grown to become the largest regional competition of its type in New Zealand. This is made possible by the support of the event sponsors and the wider hospitality industry. The event committee remain appreciative of this backing and encourage you to support them in return.

This event allows our emerging hospitality stars to compete, gaining valuable skills and experience through participation. It is also an opportunity for the hospitality industry to come together under one roof, celebrating the sector at the leading-edge training facility at Wintec.

We wish all competitors the best of luck and look forward to seeing your skills and innovation shine through your efforts.

On behalf of the team at the Wintec Centre for Hospitality, we acknowledge all who have contributed to the Waikato Culinary Fare.

Joshua Kanara-Bailey – Team Manager, Hospitality, Centre for Trades

Waikato Culinary Fare Trust Committee

We welcome all the competitors, teachers, families, and supporters to the Waikato Culinary Fare.

The trust committee continues to be impressed with the overall high standard of skills that the competitors display and the fantastic support and guidance their tutors and teachers give them.

The fare has grown each year, and that is due to your continued support. We acknowledge the help and assistance from our teams of judges, Wintec hospitality tutors, the Wintec technician team, and all our sponsors and contributors. These people give their time generously so our students can experience the fun of competing — we thank you.

We hope you enjoy the event, and we welcome any feedback you may have.
Culinary Fare Trust Sponsorship

Any Waikato secondary school that enters a minimum of 10 competitors (excluding team events) will be eligible for The Waikato Culinary Fare Trust ‘Best in Class - Food Technology’ sponsorship to the value of $100. This prize will be used by the individual school at their year-end prize-giving.

Competitor Categories

- Intermediate school student (Year 7 and 8)
- Secondary school student
- Junior Year 1 – studying Year 1 Cookery
- Junior Year 2 – studying Year 2 Cookery or a commis/apprentice in industry

Awards

- 100 Marks - Gold with Distinction
- 90 to 99 - Gold
- 80 to 89 - Silver
- 70 to 79 - Bronze
- 60 to 69 - Merit
- Up to 59 - Acknowledgement of Participation

We will not be holding a prize giving at the fare. We will send your school all certificates, notes, medals, and awards.

General Rules

During live classes, any competitor who does not present their dish on time will have 10% of their marks deducted with a further 5% for every minute up to five minutes late. Any later and the competitor will not be judged.

One copy of the dish description must be provided for all live and static events. Competitors are to provide ingredients and all small equipment for the event. The Centre for Hospitality offers equipment that may be borrowed on the day.
Static Buffet Presentation

✓ Competitors must present their entries on their own plates, platter, or dishes.
✓ It must be their own work, with only one competitor to take part per entry.
✓ Dishes must be assembled in the allocated workspace area provided (not at the display buffet).
✓ Entries must include a dish description - write the dish description on the entry form available on the event webpage.
✓ Include the competitor number with one of the dishes.

CLASS 1
Cupcakes (Secondary School)
Thursday 9am
Competitors create and present six cupcakes on one plate. The flavour of the cupcakes and plate presentation are the competitor’s choice.

CLASS 2
Cold Dessert (Secondary School)
Thursday 9am
Competitors serve two portions of a dessert of their own choice, both presented on a suitable dessert plate.

CLASS 3
Cold Dessert (Junior)
Friday 9am
Competitors serve two portions of a dessert of their own choice, both presented on a white plate.

CLASS 4
Savoury Pie (Secondary School)
Thursday 9am
Competitors present a baked savoury pie with a filling of their choice. The pie must include a lid. It should provide four average portions or be approximately 20cm-diameter in size. The pie should be baked but left to cool. It will be reheated for judging.

CLASS 5
Celebration Cake (Secondary School)
Thursday 9am
Competitors bake and serve a 20 - 25 cm wide and no higher than 50 cm Celebration Cake, suitable for a birthday or special occasion. Judges are looking for flair, taste, and originality, so a description must explain the occasion, the ingredients/flavours, and what inspired the design.

CLASS 6
Café Cake (Secondary School)
Friday 9am
Competitors bake and serve one 20-25cm cake of either classical or contemporary style. Please note, this class does not include celebration cakes (such as birthdays or wedding cakes).

CLASS 7
Café Cake (Junior)
Friday 9am
Competitors bake and serve one 20-25cm cake of either classical or contemporary style. Please note, this class does not include celebration cakes (such as birthdays or wedding cakes).

CLASS 8
Cupcakes (Intermediate School Year 7 and 8)
Friday 9am
Competitors create and present six cupcakes on one plate. The flavour of the cupcakes and plate presentation are the competitor’s choice.
CLASS 9
Mystery Box (Secondary School)
Thursday 12pm–2.30pm
Briefing in Windows Restaurant at 12 noon.
Commodities list provided at 12pm.
Kitchens 1, 2 and 3.
Heat 1, 2 and 3. 1pm–1.30pm set up.
1.30pm–2.30pm to prep, cook, and serve.
A team of two cooks prepare, cook and serve a main course for two people (two plates) within one hour.
The main will consist of a meat, vegetables, a starch, and a suitable sauce.
The team will have 30 minutes to set up and one hour to prep, cook and serve.
You do not have to use all the ingredients supplied in the box.
A dish name and brief description must be handed into the judges at the beginning of the competition.
Wintec provides commercial kitchen facilities, however, all small equipment and presentation plates must be provided by the competitors.

CLASS 10
Creative Savoury Pizza (Secondary School)
Thursday 9am – 10am
Kitchen 1,2,3 (Heat 1,2,3)
Friday 10.30am – 11.30am
Kitchen 1 (Heat 4)
Competitors prepare, cook, and serve a pizza of their choice using their own fresh, uncooked dough, which they should bring with them. Marks will be awarded based on knife skills, degree of difficulty, flavour combination, and presentation.

CLASS 12
Creative Burger (Secondary School)
Thursday 11am – 12pm
Kitchen 1,2,3 (Heat 1,2,3)
Friday 1pm – 2pm
Kitchen 1,2,3 (Heat 4,5,6)
Competitors prepare two identical burgers, using any ingredients to create them. The dishes are to be individually plated within 60 minutes.

CLASS 13
Healthy Lunch (Secondary School)
Friday 12pm–1pm, Kitchen 1
Competitors create two portions of a lunch they consider to be healthy individually plated and presented within 60 minutes.

CLASS 14
Main Course (Junior)
Friday 10.30am to 11.30am, Kitchen 3
Competitors create two main-course portions of any meat, fish, or poultry, individually plated and served within 60 minutes. The dish must include a starch, vegetable, sauce, and garnish.
CLASS 17
Chicken Dish (Secondary School)
Friday 9am-10am, Kitchen 1,2,3 (Heat 1,2,3)
Competitors create a main chicken course of two portions, to be individually plated within 60 minutes and to include a starch and a vegetable.

CLASS 18
Dessert (Secondary School)
Friday 11.30am - 12.30pm.
Kitchen 2, 3 (Heat 1,2)
Competitors create two identical portions, each portion being their interpretation of a dessert.
The dessert must be plated and presented within 60 minutes.
CLASS 19
Creative Table Setting
(Secondary School)
Thursday 10am–11am, Restaurant
Competitors have 10 minutes to unpack and 30 minutes to complete a creative or themed table setting of four covers, including a centrepiece of their choice and serviette folds.

A 90 x 90cm square table, 115 x 40cm sideboard, chairs, and hot water will be provided. Competitors are to supply all other equipment.

CLASS 21
Barista Junior + Industry
Friday 12.30pm, Restaurant
Heat times will be advised.
Competitors will be allowed a total of five minutes preparation time to condition the espresso machine, the grinder, and to set up any additional equipment, then 20 minutes to prepare and present two of each of the following beverages: double shot espresso; double shot cappuccino; double shot flat white.

Registered competitors will be given a list of equipment and ingredients available. Competitors are to supply any other requirements.

CLASS 22
Barista (Secondary School)
Thursday and Friday from 9am, Restaurant
Heat times will be advised.
Competitors will be allowed a total of five minutes preparation time to condition the espresso machine, the grinder, and to set up any additional equipment, then 20 minutes to prepare and present two of each of the following beverages: double shot espresso; double shot cappuccino; double shot flat white.

Registered competitors will be given a list of equipment and ingredients available. Competitors are to supply any other requirements.
Supreme Award

Wintec Top Secondary School Award
The winner of this class is awarded to the individual school that accumulates the most marks for their school’s top entry in each of the secondary schools’ classes.

Notes:
• All Schools qualify for this prize
• Only the highest individual score for each school and each class is used for the final calculation – includes team events
• Schools are encouraged to enter at least one competitor in each class
Parking will not be charged during the 2-day event. Parking is available in all designated areas allocated for parking. No parking warden will be on-site during the Culinary Fare.
### Waikato Culinary Fare Entry Form

<table>
<thead>
<tr>
<th>Full name</th>
<th>Mailing address</th>
<th>Home phone</th>
<th>Mobile</th>
<th>Date of birth</th>
<th>Email</th>
<th>Place of study/work</th>
<th>Teacher’s name</th>
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*Please note: multiple entries from secondary schools will be accepted if the student’s name, email, and class number are clearly listed in one email.*

<table>
<thead>
<tr>
<th>Class number</th>
<th>Class name</th>
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**Fees for 2024 (incl. GST)**

<table>
<thead>
<tr>
<th>Class</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Class 8 (Intermediate)</td>
<td>$10</td>
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<tr>
<td>Secondary School Individual Class</td>
<td>$15</td>
</tr>
<tr>
<td>Junior Individual Class</td>
<td>$20</td>
</tr>
<tr>
<td>Restaurant Classes 19-22</td>
<td>$10</td>
</tr>
<tr>
<td>Class 9 Mystery Box (Secondary School)</td>
<td>$25 per team</td>
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Waikato Culinary Fare Entry Form

✓ Please use the supplied Excel Registration sheet for your School registrations.
✓ Payment must accompany the entry form.
✓ Payment should be made to Westpac 03-1556-0435143-000.
✓ Please include your name in the reference section.

Competition rules and conditions
✓ Contact sue.delacy@wintec.ac.nz or paulh@caterplus.co.nz for any enquiries regarding registrations.
✓ Please contact joshua.kanara-bailey@wintec.ac.nz for any general enquiries.
✓ Entries close on Friday 14 June. No changes to entries will be actioned after Wednesday 26 June. Late entries may be accepted at the discretion of the committee.
✓ Please photocopy this form if you need additional entry forms.
✓ Visit wintec.ac.nz/culinaryfare for menu description forms and marking keys.
✓ The Trust reserves the right to cancel a class due to insufficient entries.

Statement of confidentiality
All information supplied to the organising committee as part of this Waikato Culinary Fare entry form will be kept entirely confidential. It will not be revealed to anyone or used for any purpose other than internal record keeping.

Results
Please note, results will be published.

Photography
All competitors must agree that the Waikato Culinary Fare, Wintec can use all images captured for advertising or communication purposes.

I have read and accept all competition rules and conditions:

Signature: 

Please complete this form and email to
sue.delacy@wintec.ac.nz

Wintec is a Business Division of Te Pūkenga – New Zealand Institute of Skills and Technology
Health and Safety Information

Introduction
This is designed to be used as a guide to safety management during the Culinary Fare, which is to be held at Wintec Rotokauri Campus. The information in this section applies to all competitors, spectators, and staff attending the competition. During the event and prior to the individual tasks, students will be briefed on the task specific safety requirements by the relevant Wintec personnel. Failure to comply with the information in this section may result in the individual being asked to leave the Wintec Campus.

Health and Safety Briefing
Before your event, Wintec staff will ensure that you are familiar with the following information relevant to your specific class:

✓ Acceptable safe working practices
✓ Safety aspects of equipment
✓ The nearest emergency exit
✓ The nearest firefighting apparatus and how to use it
✓ The assembly point in the case of emergency evacuation
✓ The first aid facilities available

Personal Protective Equipment (PPE)
Wearing Personal Protective Equipment (PPE) minimises the risk of harm to individuals, and is a means of meeting the requirements of the Health and Safety at Work Act 2015, regulations and New Zealand standards of safe work practice. The practice of utilising PPE is also reflected in various industry related and approved codes of practice and guidelines.

Footwear
All competitors will be required to wear relevant closed-in footwear. Spectators must wear footwear during the event. There is no requirement for these to be closed shoes.

Accident/Incident Report
There is an electronic form which is to be used to report any accident or incident occurring during the Culinary Fare. Near-miss incidents without injuries must also be reported. A Wintec staff member will assist you with the completion of this form.

The definition of an accident:
“An unexpected or undesirable event, especially one causing injury or damage.”
**In the event of an accident**
Assess the situation and consider your own safety.
Call for help and have someone locate a first aider, ask them to alert the ambulance (dial 111), and give details.
Talk to the casualty, reassure them. Do they respond?
Check ABCs, Airway, Breathing and Circulation of a non-responsive patient.
Do not move casualty with suspected spine injury unless in further danger.

**Smoking**
Wintec is a smoke-free environment and as such, smoking is not permitted on the campus. There are no areas available within the boundaries of the campus for those wishing to smoke. If you wish to smoke, please ensure you leave the campus.

**Drugs and Alcohol**
The Culinary Fare is a drug-free event. No drugs, alcohol, or illegal substances are to be consumed prior to or during a class regardless of where the class is conducted. Any person under the influence of any drug (including alcohol) will not be allowed into the event.

**Unsafe or Unseemly Behaviour**
Any person identified or acting in a manner perceived to be unsafe for themselves or others will be automatically asked to cease their behaviour. Further decisions will need to be made by the staff regarding the individual's ability to remain part of the Culinary Fare.
Any behaviour of a derogatory or disrespectful nature towards students, spectators, or staff will not be tolerated, and the individual will be removed from the campus.

**First Aid**
Qualified first aid personnel will be available during the competition, and first aid kits are located at a number of areas on the campus.