Welcome to Wintec
Contents

- Useful Apps for Hamilton/New Zealand.
- Wintec student support facilities.
- Wintec Study support
- Working in NZ
- Safety and Emergencies
- Culture Shock
Hamilton

- NZ’s largest inland city and fastest growing
- Multicultural Community
- Centrally located - 90mins from Auckland
- Affordable cost of living

http://www.visithamilton.co.nz/
- Available on the App Store
New Zealand people

- Are on time
- Say Hello, Goodbye and Thank you
- Gender equality – share chores
- Often ‘joke around’
- Are friendly, outgoing & passionate
- Love Rugby
Pastoral Care Team

The Pastoral Care Urgent After-Hours International Support Number Is **021 703 730**
You Can Contact Security 24 Hours A Day On **Freephone 0800-852-900**

LOUISE
Manager

HUDA
Student Advisor

SUSAN
Student Advisor

SAM
Student Advisor
Accommodation Team (Accommodation support/Shuttles)

Student Drop In Hour: Monday – Friday, 2.00-3.00pm.

- Wintec Student Village
- Wintec Apartment
- Homestay
- Application forms:
  - https://www.wintec.ac.nz/student-resources/accommodation

Contact:
- International.accommodation@wintec.ac.nz

SALLY
Senior Accommodation Advisor

ROBYN
Accommodation Advisor
Health, Counselling and Wellbeing

City Campus
8.30am to 3.30pm Monday to Friday
Ground floor in the back of A Block
(check Campus Map)

phone: 07 834 8869 or 07 834 8800 ext 8869
e-mail: healthcentre@wintec.ac.nz

Rotokauri Campus
9am - 2pm Monday to Friday
The Student Hub
(check Campus Map)

phone: 07 834 8800 ext 8420
e-mail: healthcentre@wintec.ac.nz

After Hours Health:

Victoria Street Clinic
Open 8am to 8pm, 7 days
750 Victoria Street, Hamilton

Anglesea Accident & Urgent Medical
Open 24 hours a day, 7 days
Gate 1, 157 Anglesea Street, Hamilton

• Advice:
• Bring passport
• If you are asked to pay, keep your receipt for insurance reimbursement
Located at City Campus & Rotokauri Campus, Student Enrolment can help with:

- Visa renewal
- Enrolment
- Choosing your programmes
- Parking permit
- Student ID card
- Cashier / Payments
- Refund
- Insurance claim
Medical & Health Insurance

You must have current health insurance while you are an international student

- Your policy will cover full medical costs, but pre-existing conditions need to be declared on the application form
- If you need help to make a claim, come and see the Student Enrolment and Information Centre.
- Insurance Policy Number: 222800019
Contents Insurance – Personal items

Contents Insurance ensures your items are replaced if they get stolen.

1. Take photos of your valuable items and keep original receipts.

2. If something of yours is stolen, report it to the Police immediately, and get a copy of the police report.

3. If you need help to make a claim, see the International Centre team.
Study, Eat & More @ The Hub

The Hub has:
• 24 hour access to Computers (with student ID) Except Christmas Holiday
• ITS Helpdesk
• Photocopying and printing
• Library & Study areas
• Phone for local call and free Wifi
• ATM & printing top-up machines
• Café, coffee and student kitchenette
• Table tennis and common area
• Student Information & Enrolment (Rotokauri)
Need special support?

The Disability Support Services team can help with:

• Mobility Parking Permit, mobility scooter, ergo chairs
• Note-taker/support person
• Reader/Writer for exams
• Trolley bags, Equipment, Software
Do you need help with your studies?

1. Tutor
2. Programme Manager
3. Student Learning Services
4. Counsellor/Stress Coach
5. International Student Advisor

If at anytime you feel dissatisfied with the help you’re receiving, please contact us.
100% Attendance

- You **MUST** contact your Tutor if you are going to be away

- You **MUST** see a doctor and provide a Medical Certificate for the day(s) you are sick.

- **NOT ATTENDING CLASS WILL AFFECT YOUR ABILITY TO RENEW YOUR VISA.**

- Immigration NZ: If you already have a Student Visa and you’re applying for another Student Visa, you must provide photocopied evidence of your previous student performance, progress and attendance. This can include:
  - academic transcripts
  - a letter/ an offer from your approved education provider
  - attendance records.
Study: Student Learning Services - FREE

- Assignment Writing
- APA Referencing
- Academic Reading
- Study Skills
- Understanding Maths & Science
- English Corner
- Free Online English Programme
• Every assignment you submit at Wintec, requires a reference list to acknowledge any other person’s work/ideas that you have referred to or used in your assignment
• It is considered cheating to ‘copy’ someone else’s work
• Get Started Programme & Student Learning Services
• Wintec’s APA Referencing Guides:
• http://libguides.wintec.ac.nz/apa/wintecapa
Study: Special consideration

To be eligible for Special Consideration you MUST:

- Have 100% Attendance
- Have Provided Relevant Evidence*
- Visit a Counsellor

If Successful, your grade will be based on previous grades.

SPECIAL CONSIDERATION PASSES ARE NOT GUARANTEED AND SHOULD BE CONSIDERED A LAST RESORT.
Break out!
Student Life Office

Student Life Office has advisors dedicated to extra services such as:

• Resume/CV help and advice
• Job interview advice
• Job seeking support

careers@wintec.ac.nz
Working in NZ

• **Job Search:**
  • Trademe
  • [https://www.trademe.co.nz/jobs](https://www.trademe.co.nz/jobs)
  • Seek
  • [https://www.seek.co.nz/](https://www.seek.co.nz/)
• **Student Job search**
  • [http://www.sjs.co.nz/](http://www.sjs.co.nz/)
• **NZ Employment:**
  • Employment NewZealand(Work rights)
  • [https://www.employment.govt.nz/](https://www.employment.govt.nz/)
• IRD: We highly recommend signing up for Inland Revenue’s online services ([www.ird.govt.nz](http://www.ird.govt.nz)) for seeking information and apply for tax refunds.
Safety & Emergencies

- NZ Police 111
- Save Wintec’s Security number in your mobile: 0800 852 900.
- Safety tips for international student study in AKL
  - [https://www.youtube.com/watch?v=rdcPNoJkUQ](https://www.youtube.com/watch?v=rdcPNoJkUQ)
- At night walk in areas where there is a lot of light. If you are coming out of class in the dark on your own advise security or walk with a friend.
- When you go out let one of your friends or your home stay know where you are going and when you will be coming back home.
Break out!
Culture shock

What is culture shock?

Commonly experienced by travelers, expats and exchange students, "culture shock" describes the impact of moving from a familiar culture to an unfamiliar one.

- Climate
- Food
- Language
- Dress
- Values
- Etiquette and behavior

Culture shock's W-curve

- Honeymoon phase
- Initial adjustment
- Culture shock
- Mental isolation
- Acceptance & integration
Culture shock

- Common symptoms of culture shock:
  - Sadness
  - Loneliness
  - Frustration
  - Anxiety
  - Homesickness
  - Sleep and eating disturbances

- Managing Culture shock:
  - Be patient
  - Humor
  - Deal with stress as it arises (Don’t bottle it up)
  - Ask for Help
Culture shock
I have a current International Student Visa.
I have attended the International Student Welcome Orientation.
I have current medical insurance.
I am aware that I must attend all of my classes.
I have emailed or phoned my family to say I have arrived safely.
I have found my lecture theatre, tutorial or laboratory rooms.
I have converted my mobile phone for use in New Zealand.
I have opened my bank account.
Thank you!