

# Postgraduate Nursing and Social Practice

**2026**

A guide for registered nurses and health professionals considering postgraduate study.

**wintec.ac.nz**



# Centre for Health and Social Practice

At the heart of the Wintec Centre for Health and Social Practice is a team of experienced and respected practitioners, researchers, and educators, delivering postgraduate programmes designed in response to the learning needs of regional and national health and social service professionals. The centre takes a collaborative approach to learning that leads the way, creating a positive interface

between education and the nursing and social service practice sectors. These programmes allow registered nurses and health professionals to extend their clinical knowledge and skills in a specific area of practice.



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# Postgraduate Diploma in Nursing

NU0010

**Duration:** One year starting February or July

**Study:** Full-time or part-time equivalent

**Location:** Online and Hamilton City Campus






**Applications:** Close in December or June (late applications may be considered)

## Course structure

Students can select their preferred practice elective modules from any of the modules below.

Postgraduate Diploma in Nursing	
NURS801	NURS802
Practice module	Practice module

Postgraduate Diploma in Nursing - Registered Nurse Prescribing pathway	
NURS801	NURS804
NURS812	NURS806

Registered Nurse Prescribing Practicum	
	Online and Hamilton City Campus
	One semester
	Level: 8
	Credits: 30
<b>Semester 1:</b> Campus: 9 and 10 February, 12 May Online: 3 March, 22 April, 13 May	
	<b>Semester 2:</b> Campus: 6 and 7 July, 13 October Online: 4 August, 23 September, 14 October

Only available to students eligible for the Registered Nurse Prescribing pathway.

Pre-requisite

Attain a B pass or better in NURS801 Integrated Science and Assessment, NURS804 Pharmacology for Nursing Practice and NURS812 Advanced Practice in Long-term Conditions.

Have completed three years' equivalent full-time practice in an area of common and long-term conditions nursing.

NURS806

## Integrated Science and Assessment



Online and Hamilton City Campus



One semester



Level: 8



Credits: 30

### Semester 1

Campus: 11 February, 11 March, 8 April, 12 May

Online: 12 February, 12 March, 9 April, 13 May



### Semester 2

Campus: 15 July, 19 August, 17 September, 14 October

Online: 16 July, 20 August, 18 September, 15 October

For registered nurses, this module prepares you to develop an advanced understanding of pathophysiology in complex health states

Topics covered include the integration of bioscience at a cellular level, scientific evidence, empirical knowledge, comprehensive health assessments, and clinical reasoning, which facilitates identifying actual and potential health needs in specific communities and populations.

NURS801

## Reasoning in Practice



Online



One semester



Level: 8



Credits: 30

**Semester 1:** 18-19 February, 25-26 March, 29-30 April, 3-4 June



**Semester 2:** 22-23 July, 26-27 August, 23-24 September, 4-5 November

This module fosters the development of reflexive registered nurses who critically evaluate clinical knowledge, research evidence, professional values, and regulatory frameworks for reasoning in practice. Cultivating inquiring and thoughtful nurses as practitioners who collaborate with clients, communities, and other health professionals within the interprofessional contexts of practice.

NURS802

## Pharmacology for Nursing Practice



Online



One semester



Level: 8



Credits: 30



**Semester 1:** Start 16 February, workshops 12 March and 28 May

**Semester 2:** Start 9 July, workshops 6 August and 1 October

This module enables registered nurses to integrate and apply principles of clinical pharmacology to specific healthcare contexts. You will develop an in-depth understanding of pharmacotherapeutic principles, including pharmacokinetics and pharmacodynamics, regulatory/legislative frameworks, interdisciplinary relationships, and evidence bases that facilitate clinical preparation for prescribing in advanced nursing roles.

NURS804

## Advanced Nursing Practice in Breast Care



Online



One semester



Level: 8



Credits: 30



**Semester 2:** Start 13 July, workshops 5 August and 30 September

This module is designed to enable registered nurses to advance their knowledge and skills for nursing practice to meet the healthcare needs of clients using breast care services. Participants will explore nursing roles and relationships within interprofessional breast care services and develop strategies to advance nursing knowledge and therapeutic skills for a holistic approach to women's health.

NURS809

## Advanced Practice in Longterm Conditions



Online



One semester



Level: 8



Credits: 30



**Semester 1:** Start 9 February, Monday tutorials from 4-6pm weekly or as negotiated

**Semester 2:** Start 6 July, Monday tutorials from 4-6pm weekly or as negotiated

This module enables registered nurses to develop advanced knowledge, skills, and capability to work with people, families, and whānau who are affected by one or more long-term conditions. You will gain an in-depth understanding of the complexity of living with a long-term condition. In addition, you will develop a deeper understanding of the relationships between people, systems, and the socio-political and cultural contexts that may influence the improvement and maintenance of health, wellbeing, and quality of life.

NURS812

## Leadership and Management



Online



One semester



Level: 8



Credits: 30



**Semester 2:** Start 13 July, weekly tutorials negotiated with ākonga (learner)

This module prepares students to critically analyse leadership and management practices in a dynamic and culturally diverse interprofessional care environment.

Students will be able to develop leadership opportunities and examine management skills and concepts in their practice environments.

HSIP801

## Evidence and Inquiry in Practice



Online



One semester



Level: 8



Credits: 30



**Semester 1:** Start 2 February, fortnightly tutorials Tuesdays 4-6pm, or as negotiated

**Semester 2:** Start 8 July, fortnightly tutorials Tuesdays 4-6pm, or as negotiated

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP805

## Professional Supervision 1



Hamilton City Campus



One semester



Level: 8



Credits: 30



**Semester 1:** 9-10 February, 16-17 March, 20-21 April

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP810



## Professional Supervision 2



Hamilton City Campus



One semester



Level: 8



Credits: 30



**Semester 2:** 20-21 July, 31 August-1 September, 12-13 October

### Pre-requisite

HSIP810 Professional Supervision 1 (or HSHS802)

Designed to develop practitioners to a more advanced level of professional supervision practice, you will critically examine a range of supervision, theories and approaches and develop a well-integrated supervision framework to inform their supervision practice. In addition, this module develops intentional supervisors who will facilitate critically reflective, restorative, and accountable practice in practitioners. You will have the opportunity to consolidate the role and further develop your identity as a supervisor, working within a complexity of organisational and professional contexts.

HSIP811

## Supervised Critical Enquiry



Online



One semester



Level: 8



Credits: 30



**Semester 1:** Start 2 February, workshop in the second week, supervision negotiated with ākonga (learner)

**Semester 2:** Start 20 July, workshop in the second week, supervision negotiated with ākonga (learner)

### Pre-requisite

Two modules at level 8

This module offers practitioners the opportunity to study an area of interest related to their particular area of practice.

Participants will submit a proposal outlining the focus, and scope of the intended project, and negotiate the supervision process with the lecturer(s).

HSIP815



# Postgraduate Health and Social Practice

## Course structure

Students can select their preferred practice elective modules from any of the modules below.

### Postgraduate Certificate in Health and Social Practice

HSIP807

Elective

### Postgraduate Diploma in Health and Social Practice (standard pathway)

HSIP807

Elective

Elective

Elective

### Postgraduate Certificate in Professional Supervision

HSIP810

HSIP811

### Postgraduate Diploma in Health and Social Practice (Professional Supervision)

HSIP807

HSIP810

HSIP811

Elective

### Postgraduate Certificate in Mental Health and Addiction (Level 8)

HSIP818

HSIP819

### Postgraduate Diploma in Mental Health and Addiction (Level 8)

HSIP807

HSIP817

HSIP818

HSIP819

## Leadership and Management



Online



One semester



Level: 8



Credits: 30



**Semester 2:** Start 13 July, weekly tutorials negotiated with ākonga (learner)

This module prepares students to critically analyse leadership and management practices in a dynamic and culturally diverse interprofessional care environment.

Students will be able to develop leadership opportunities and examine management skills and concepts in their practice environments.

HSIP801

## Evidence and Inquiry in Practice



Online



One semester



Level: 8



Credits: 30



**Semester 1:** Start 2 February, fortnightly tutorials Tuesdays 4-6pm, or as negotiated with ākonga (learner)

**Semester 2:** Start 8 July, fortnightly tutorials Tuesdays 4-6pm, or as negotiated with ākonga (learner)

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP805

## Professional Practice in Context



Online



One semester



Level: 8



Credits: 30



**Semester 1:** 18-19 February, 25-26 March, 29-30 April, 3-4 June

**Semester 2:** 22-23 July, 26-27 August, 23-24 September, 4-5 November

This module aims to foster the development of a reflexive practitioner who critically evaluates the practice knowledge, research evidence, and normative values and regulatory frameworks that guide skilled professional practice in health and/or social services. It aims to cultivate inquiring and thoughtful practitioners who collaborate with clients, communities and other health and social service professionals within the interprofessional contexts of practice.

HSIP807

## Research for Practice



Online



One semester



Level: 8



Credits: 30



**Semester 2:** 20 July and three further workshops/tutorials as negotiated with ākonga (learner)

This module explores the knowledge, procedures, resources, issues and possibilities associated with research within health and/or social practice areas. It is designed to give an overview of the range of research approaches for practice inquiry, and provide the skills required for planning, conducting, writing and disseminating research.

HSIP808

## Professional Supervision 1



Hamilton City Campus



One semester



Level: 8



Credits: 30



**Semester 1:** 9-10 February, 16-17 March, 20-21 April

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP810

## Professional Supervision 2



Hamilton City Campus



One semester



Level: 8



Credits: 30



**Semester 2:** 20-21 July, 31 August-1 September, 12-13 October

### Pre-requisite

HSIP810 Professional Supervision 1 (or HSHS802)

Designed to develop practitioners to a more advanced level of professional supervision practice, you will critically examine a range of supervision, theories and approaches and develop a well-integrated supervision framework to inform their supervision practice. In addition, this module develops intentional supervisors who will facilitate critically reflective, restorative, and accountable practice in practitioners. You will have the opportunity to consolidate the role and further develop your identity as a supervisor, working within a complexity of organisational and professional contexts.

HSIP811

### Supervised Critical Enquiry



Online



One semester



Level: 8



Credits: 30



**Semester 1:** Start 2 February, online workshop in the second week, supervision negotiated with ākonga (learner)

**Semester 2:** 20 July start, online workshop in the second week, supervision negotiated with ākonga (learner)

#### Pre-requisite

HSIP810 Professional Supervision 1 (or HSHS802)

This module offers practitioners the opportunity to study an area of interest related to their particular area of practice.

Participants will submit a proposal outlining the focus, and scope of the intended project, and negotiate the supervision process with the lecturer(s).

HSIP815

### Advance Practice Skills in Mental Health and Addiction



Online and Hamilton City Campus



One semester



Level: 8



Credits: 30



#### Semester 2:

Campus: Wānanga workshops 15-16 August, 19-20 September

Online: Induction 21 July

#### Pre-requisite

HSIP818 Applied Theoretical Approaches for Mental Health and Addiction

This module aims to develop a thoughtful and enquiring practitioner ready to work alongside tangata whaiora experiencing mental health and addiction issues through evidence-based practice skills. You will demonstrate advanced culturally responsive skills in relational practice in meeting tangata whaiora needs, and enhancing wellbeing in the context of mental health and addiction in New Zealand.

HSIP817

### Applied Theoretical Approaches for Mental Health and Addiction



Online and Hamilton City Campus



One semester



Level: 8



Credits: 30



#### Semester 1:

Campus: Wānanga workshops 14-15 March, 2-3 May

Online: Induction 10 February

This module integrates best practice approaches and engages participants in learning around tangata whaiora centred case formulation, treatment and intervention practice skills relevant to mental health and addiction in New Zealand. You will develop culturally responsive knowledge, enabling you to work across and simultaneously with tangata whaiora experiencing co-existing mental health and addiction diagnoses and presentations.

HSIP818

### Comprehensive Assessment and Treatment Planning for Mental Health



Online and Hamilton City Campus



One semester



Level: 8



Credits: 30



#### Semester 2:

Campus: Wānanga workshops 29-30 August, 10-11 October

Online: Induction 21 July

Develop knowledge and skills in screening and assessment to support the use of effective treatment(s) and intervention(s) when working with tangata whaiora experiencing mental health and addiction in New Zealand.

HSIP819





# Need help with your application?

**Come in and visit us on campus:**

**A Block, Gate 3, Tristram Street, Hamilton City Campus**

**Or give us a call:**

**0800 2 Wintec (0800 294 6832)**

# Apply now

**wintec.ac.nz**

**0800 2 Wintec (0800 294 6832)**

**Hamilton City Campus**  
Tristram Street, Hamilton

**Hamilton Rotokauri Campus**  
51 Akoranga Rd, Hamilton

