

Postgraduate Nursing and Social Practice

2026

A guide for registered nurses and health professionals considering postgraduate study.

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Centre for Health and Social Practice

At the heart of the Wintec Centre for Health and Social Practice is a team of experienced and respected practitioners, researchers, and educators, delivering postgraduate programmes designed in response to the learning needs of regional and national health and social service professionals. The centre takes a collaborative approach to learning that leads the way, creating a positive interface

between education and the nursing and social service practice sectors. These programmes allow registered nurses and health professionals to extend their clinical knowledge and skills in a specific area of practice.







Disclaimer: The information is correct at the time of publication (July 2025). Wintec (Te Pūkenga Trading As Waikato Institute of Technology) reserves the right to cancel, postpone, or change any programmes and shall not be liable for any claim other than the proportion of programme fees, the cancelled portion bears. Some programmes may depend upon formal approval from NZQA (New Zealand Qualifications Authority), TEC (Tertiary Education Commission) funding allocation, and the number of enrolments. Fees, programmes, entry and selection criteria, and dates are subject to change. Please check the relevant programme pages at wintec.ac.nz for up-to-date information and full entry regulations before applying to enrol. If you have any questions, please do not hesitate to contact us at info@wintec.ac.nz.

Postgraduate Diploma in Nursing

NU0010

Duration: One year starting February or July Study: Full-time or part-time equivalent Location: Online and Hamilton City Campus

Applications: Close in December or June (late applications

may be considered)

Course structure

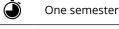
Students can select their preferred practice elective modules from any of the modules below.

Postgraduate Diploma in Nursing	
NURS801	NURS802
Practice module	Practice module

Postgraduate Diploma in Nursing - Registered Nurse Prescribing pathway	
NURS801	NURS804
NURS812	NURS806

Registered Nurse Prescribing Practicum





Level: 8



Semester 1:

Campus: 9 and 10 February, 12 May Online: 3 March, 22 April, 13 May



Campus: 6 and 7 July, 13 October

Online: 4 August, 23 September, 14 October

Only available to students eligible for the Registered Nurse Prescribing pathway.

Pre-requisite

Attain a B pass or better in NURS801 Integrated Science and Assessment, NURS804 Pharmacology for Nursing Practice and NURS812 Advanced Practice in Long-term Conditions.

Have completed three years' equivalent full-time practice in an area of common and long-term conditions nursing.

NURS806

Integrated Science and Assessment

 \odot Online and Hamilton City Campus

One semester

Level: 8

Credits: 30

Semester 1

Campus: 11 February, 11 March, 8 April, 12 May

Online: 12 February, 12 March, 9 April, 13 May



Semester 2

Campus: 15 July, 19 August, 17 September, 14 October

Online: 16 July, 20 August, 18 September, 15 October

For registered nurses, this module prepares you to develop an advanced understanding of pathophysiology in complex health states

Topics covered include the integration of bioscience at a cellular level, scientific evidence, empirical knowledge, comprehensive health assessments, and clinical reasoning, which facilitates identifying actual and potential health needs in specific communities and populations.

NURS801

Reasoning in Practice

Online

One semester

Level: 8

Credits: 30



Semester 1: 18-19 February, 25-26 March, 29-30 April, 3-4 June

Semester 2: 22-23 July, 26-27 August, 23-24 September, 4-5 November

This module fosters the development of reflexive registered nurses who critically evaluate clinical knowledge, research evidence, professional values, and regulatory frameworks for reasoning in practice. Cultivating inquiring and thoughtful nurses as practitioners who collaborate with clients, communities, and other health professionals within the interprofessional contexts of practice.

NURS802

Pharmacology for Nursing Practice Online One semester

Level: 8

Credits: 30

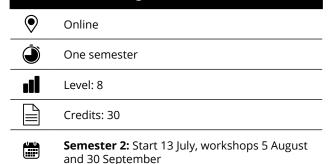
Semester 1: Start 16 February, workshops 12 March and 28 May

Semester 2: Start 9 July, workshops 6 August and 1 October

This module enables registered nurses to integrate and apply principles of clinical pharmacology to specific healthcare contexts. You will develop an in-depth understanding of pharmacotherapeutic principles, including pharmacokinetics and pharmacodynamics, regulatory/legislative frameworks, interdisciplin-ary relationships, and evidence bases that facilitate clinical preparation for prescribing in advanced nursing roles.

NURS804

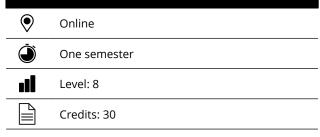
Advanced Nursing Practice in Breast Care



This module is designed to enable registered nurses to advance their knowledge and skills for nursing practice to meet the healthcare needs of clients using breast care services. Participants will explore nursing roles and relationships within interprofessional breast care services and develop strategies to advance nursing knowledge and therapeutic skills for a holistic approach to women's health.

NURS809

Advanced Practice in Longterm Conditions





Semester 1: Start 9 February, Monday tutorials from 4-6pm weekly or as negotiated **Semester 2:** Start 6 July, Monday tutorials from 4-6pm weekly or as negotiated

This module enables registered nurses to develop advanced knowledge, skills, and capability to work with people, families, and whānau who are affected by one or more long-term conditions. You will gain an in-depth understanding of the complexity of living with a long-term condition. In addition, you will develop a deeper understanding of the relationships between people, systems, and the socio-political and cultural contexts that may influence the improvement and maintenance of health, wellbeing, and quality of life.

NURS812

Leadership and Management

Leadership and Management		
•	Online	
	One semester	
ıll	Level: 8	
	Credits: 30	
	Semester 2: Start 13 July, weekly tutorials negotiated with ākonga (learner)	

This module prepares students to critically analyse leadership and management practices in a dynamic and culturally diverse interprofessional care environment.

Students will be able to develop leadership opportunities and examine management skills and concepts in their practice environments.

Evidence and Inquiry in Practice



Online



One semester



Level: 8



Credits: 30



Semester 1: Start 2 February, fortnightly tutorials Tuesdays 4-6pm, or as negotiated

Semester 2: Start 8 July, fortnightly tutorials Tuesdays 4-6pm, or as negotiated

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP805

Professional Supervision 1



Hamilton City Campus



One semester



Level: 8



Credits: 30



Semester 1: 9-10 February, 16-17 March, 20-21 April

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP810



Professional Supervision 2



Hamilton City Campus



One semester



Level: 8



Credits: 30



Semester 2: 20-21 July, 31 August-1 September, 12–13 October

Pre-requisite

HSIP810 Professional Supervision 1 (or HSHS802)

Designed to develop practitioners to a more advanced level of professional supervision practice, you will critically examine a range of supervision, theories and approaches and develop a well-integrated supervision framework to inform their supervision practice. In addition, this module develops intentional supervisors who will facilitate critically reflective, restorative, and accountable practice in practitioners. You will have the opportunity to consolidate the role and further develop your identity as a supervisor, working within a complexity of organisational and professional contexts.

HSIP811

Supervised Critical Enquiry



Online



One semester



Level: 8



Credits: 30



Semester 1: Start 2 February, workshop in the second week, supervision negotiated with ākonga (learner)

Semester 2: Start 20 July, workshop in the second week, supervision negotiated with ākonga (learner)

Pre-requisite

Two modules at level 8

This module offers practitioners the opportunity to study an area of interest related to their particular area of practice.

Participants will submit a proposal outlining the focus, and scope of the intended project, and negotiate the supervision process with the lecturer(s).

Postgraduate Health and Social Practice

Course structure

Students can select their preferred practice elective modules from any of the modules below.

Postgraduate Certificate in Health and Social Practice

HSIP807	Elective

Postgraduate Diploma in Health and Social Practice (standard pathway)

HSIP807	Elective
Elective	Elective

Postgraduate Certificate in Professional Supervision

LICIDO10	LICIDO11
HSIP810	HSIP811

Postgraduate Diploma in Health and Social Practice (Professional Supervision)

HSIP807	HSIP810
HSIP811	Elective

Postgraduate Certificate in Mental Health and Addiction (Level 8)

HSIP818	HSIP819

Postgraduate Diploma in Mental Health and Addiction (Level 8)

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HSIP807	HSIP817
HSIP818	HSIP819

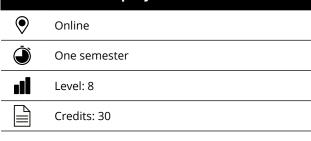
Leadership and Management Online One semester Level: 8 Credits: 30 Semester 2: Start 13 July, weekly tutorials negotiated with ākonga (learner)

This module prepares students to critically analyse leadership and management practices in a dynamic and culturally diverse interprofessional care environment.

Students will be able to develop leadership opportunities and examine management skills and concepts in their practice environments.

HSIP801

Evidence and Inquiry in Practice



Semester 1: Start 2 February, fortnightly tutorials Tuesdays 4-6pm, or as negotiated with ākonga (learner)

Semester 2: Start 8 July, fortnightly tutorials Tuesdays 4-6pm, or as negotiated with ākonga (learner)

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP805

Professional Practice in Context



Online



One semester



Level: 8



Credits: 30



Semester 1: 18-19 February, 25-26 March, 29-30 April, 3-4 June

Semester 2: 22-23 July, 26-27 August, 23–24 September, 4–5 November

This module aims to foster the development of a reflexive practitioner who critically evaluates the practice knowledge, research evidence, and normative values and regulatory frameworks that guide skilled professional practice in health and/or social services. It aims to cultivate inquiring and thoughtful practitioners who collaborate with clients, communities and other health and social service professionals within the interprofessional contexts of practice.

HSIP807

Research for Practice



Online



One semester



Level: 8



Credits: 30



Semester 2: 20 July and three further workshops/tutorials as negotiated with ākonga (learner)

This module explores the knowledge, procedures, resources, issues and possibilities associated with research within health and/or social practice areas. It is designed to give an overview of the range of research approaches for practice inquiry, and provide the skills required for planning, conducting, writing and disseminating research.

HSIP808

Professional Supervision 1



Hamilton City Campus



One semester



Level: 8



Credits: 30



Semester 1: 9-10 February, 16-17 March, 20-21 April

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP810

Professional Supervision 2



Hamilton City Campus



One semester



Level: 8



Credits: 30



Semester 2: 20-21 July, 31 August-1 September, 12–13 October

Pre-requisite

HSIP810 Professional Supervision 1 (or HSHS802)

Designed to develop practitioners to a more advanced level of professional supervision practice, you will critically examine a range of supervision, theories and approaches and develop a well-integrated supervision framework to inform their supervision practice. In addition, this module develops intentional supervisors who will facilitate critically reflective, restorative, and accountable practice in practitioners. You will have the opportunity to consolidate the role and further develop your identity as a supervisor, working within a complexity of organisational and professional contexts.

Supervised Critical Enquiry

lacktriangle

Online



One semester



Level: 8



Credits: 30



Semester 1: Start 2 February, online workshop in the second week, supervision negotiated with ākonga (learner)

Semester 2: 20 July start, online workshop in the second week, supervision negotiated with ākonga (learner)

Pre-requisite

HSIP810 Professional Supervision 1 (or HSHS802)

This module offers practitioners the opportunity to study an area of interest related to their particular area of practice.

Participants will submit a proposal outlining the focus, and scope of the intended project, and negotiate the supervision process with the lecturer(s).

HSIP815

Advance Practice Skills in Mental Health and Addiction



Online and Hamilton City Campus



One semester



Level: 8



Credits: 30

Semester 2:



Campus: Wānanga workshops 15-16 August, 19-20 September

Online: Induction 21 July

Pre-requisite

HSIP818 Applied Theoretical Approaches for Mental Health and Addition

This module aims to develop a thoughtful and enquiring practitioner ready to work alongside tangata whaiora experiencing mental health and addiction issues through evidence-based practice skills. You will demonstrate advanced culturally responsive skills in relational practice in meeting tangata whaiora needs, and enhancing wellbeing in the context of mental health and addiction in New Zealand.

HSIP817

Applied Theoretical Approaches for Mental Health and Addiction



Online and Hamilton City Campus



One semester



Level: 8



Credits: 30

Semester 1:



Campus: Wānanga workshops 14-15 March, 2-3 May

Online: Induction 10 February

This module integrates best practice approaches and engages participants in learning around tangata whaiora centred case formulation, treatment and intervention practice skills relevant to mental health and addiction in New Zealand. You will develop culturally responsive knowledge, enabling you to work across and simultaneously with tangata whaiora experiencing co-existing mental health and addiction diagnoses and presentations.

HSIP818

Comprehensive Assessment and Treatment Planning for Mental Health



Online and Hamilton City Campus



One semester



Level: 8



Credits: 30

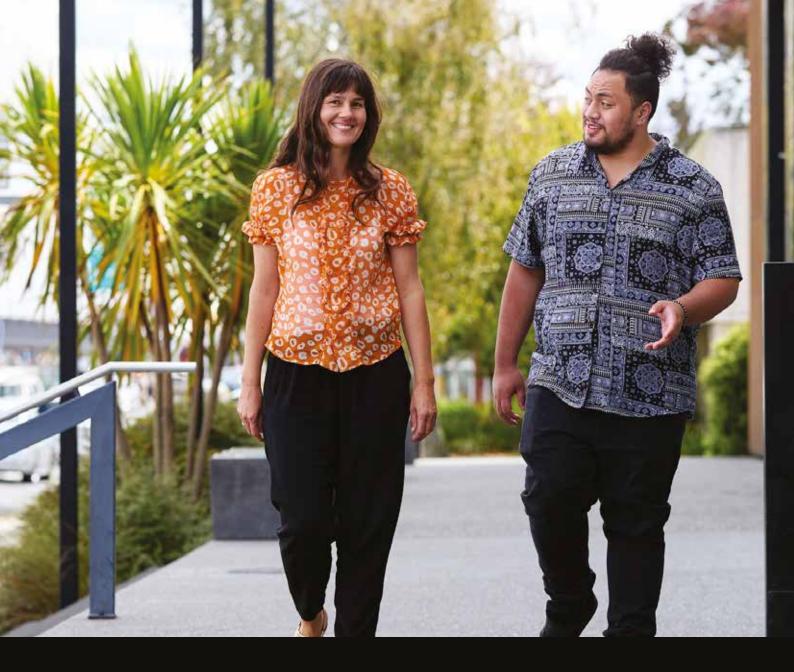
Semester 2:



Campus: Wānanga workshops 29-30 August, 10-11 October

Online: Induction 21 July

Develop knowledge and skills in screening and assessment to support the use of effective treatment(s) and intervention(s) when working with tangata whaiora experiencing mental health and addiction in New Zealand.



Need help with your application?

Come in and visit us on campus: A Block, Gate 3, Tristram Street, Hamilton City Campus

Or give us a call: 0800 2 Wintec (0800 294 6832)

Apply now

wintec.ac.nz

0800 2 Wintec (0800 294 6832)

Hamilton City Campus Tristram Street, Hamilton

Hamilton Rotokauri Campus 51 Akoranga Rd, Hamilton

