



# Postgraduate Nursing and Social Practice

2023

A guide for registered nurses and health professionals considering postgraduate study.

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# Centre for Health and Social Practice

At the heart of the Wintec Centre for Health and Social Practice is a team of experienced and respected practitioners, researchers, and educators, delivering postgraduate programmes designed in response to the learning needs of regional and national health and social service professionals. The centre takes a

collaborative approach to learning that leads the way, creating a positive interface between education and the nursing and social service practice sectors. These programmes allow registered nurses and health professionals to extend their clinical knowledge and skills in a specific area of practice.



# Postgraduate Diploma in Nursing

NU0010

## Duration

One year starting February or July

## Study

Full-time or part-time equivalent

## Location

Hamilton City Campus

## Applications

Close in December or June (late applications may be considered)

## Course structure

Students can select their preferred practice elective modules from any of the modules below.

### Postgraduate Diploma in Nursing

NURS801

NURS802

Practice module

Practice module

### Postgraduate Diploma in Nursing - Registered Nurse Prescribing pathway

NURS801

NURS804

NURS812

NURS806

## NURS801

### Integrated Science and Assessment

**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 31 January, 1 February, 8–9 March, 19–20 April, 17–18 May

This module, for registered nurses, prepares you to develop an advanced understanding of pathophysiology in complex health states.

Topics covered include integration of bioscience at a cellular level, scientific evidence, empirical knowledge, comprehensive health assessments, and clinical reasoning, which facilitates identifying actual and potential health needs in specific communities and populations.

## NURS802

### Reasoning in Practice

**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Online and Hamilton City Campus

**Semester 1:** 31 January, 1 February, 8–9 March, 27–28 April 1–12 June

**Semester 2:** 6–7 July, 10–11 August, 28–29 September, 2–3 November

This module fosters the development of reflexive registered nurses who critically evaluate clinical knowledge, research evidence, professional values, and regulatory frameworks for reasoning in practice. Thus, cultivating inquiring and thoughtful nurses as practitioners who collaborate with clients, communities, and other health professionals within the interprofessional contexts of practice.

## NURS804

### Pharmacology for Nursing Practice

**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Fully online, including exam

**Semester 2:** 31 January

This module enables registered nurses to integrate and apply principles of clinical pharmacology to specific healthcare contexts.

You will develop an in-depth understanding of pharmacotherapeutic principles, including pharmacokinetics and pharmacodynamics, regulatory/legislative frameworks, interdisciplinary relationships, and evidence bases that facilitate clinical preparation for prescribing in advanced nursing roles.

## NURS806

### Registered Nurse Prescribing Practicum

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*Only available to students eligible for the Registered Nurse Prescribing pathway.*

**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 2:** 4–5 July, 8 August, 27–28 September

#### Pre-requisite

Attain a B pass or better in NURS801 Integrated Science and Assessment, NURS804 Pharmacology for Nursing Practice and, NURS812 Advanced Practice in Long-term Conditions. Have completed three years' equivalent full-time practice in an area of common and long-term conditions nursing.

## NURS807

### Advanced Diabetes Nursing Practice

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 2:** 17–18 July, 21–22 August, 9–10 October

This module will enable Registered Nurses to advance their knowledge and skills in diabetes nursing practice. Fostering an approach to learning that supports critical inquiry and clinical reasoning in the specialty practice of diabetes nursing in partnership with people and their whānau, families and communities. Students will explore issues in the clinical management of diabetes using theoretical and evidence-based perspectives and develop specialty nursing care strategies to meet the challenges within the New Zealand healthcare environment.

## NURS809

### Advanced Nursing Practice in Breast Care

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 13 February online start, workshops 5–6 April

This module is designed to enable reg-

istered nurses to advance their knowledge and skills for nursing practice to meet the health care needs of clients using breast care services. Participants will explore nursing roles and relationships within interprofessional breast care services and develop strategies to advance nursing knowledge and therapeutic skills for a holistic approach to women's health.

## NURS812

### Advanced Practice in Longterm Conditions

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Fully online

**Semester 2:** 10 July

This module enables registered nurses to develop advanced knowledge, skills, and capability to work with people, families, and whānau who are affected by one or more long-term conditions. You will gain an in-depth understanding of the complexity of living with a long-term condition. In addition, you will develop a deeper understanding of the relationships between people, systems, and the socio-political and cultural contexts that may influence the improvement and maintenance of health, wellbeing, and quality of life.

## HSIP805

### Evidence and Inquiry in Practice

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Fully online

**Semester 1:** 31 January

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

## HSIP810

### Professional Supervision 1

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 13–14 February, 20–21 March, 1–2 May

The purpose of this module is to develop knowledge and skills in supervision. You will define the scope of supervision in various fields of practice and critically evaluate its practice in professional, organisational, cultural, ethical, and legal contexts.

## HSIP811

### Professional Supervision 2

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 2:** 24–25 July, 4–5 September, 9–10 October

#### Pre-requisite

HSIP810 Professional Supervision 1 (or HSHS802)

Designed to develop practitioners to a more advanced level of professional supervision practice, you will critically examine a range of supervision, theories and approaches and develop a well-integrated supervision framework to inform their supervision practice. In addition, this module develops intentional supervisors who will facilitate critically reflective, restorative, and accountable practice in practitioners. You will have the opportunity to consolidate the role and further develop your identity as a supervisor, working within a complexity of organisational and professional contexts.

## HSIP815

### Supervised Critical Enquiry

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 7 February, 19 April

**Semester 2:** 25 July, 12 September

#### Pre-requisite

NURS802 Reasoning in Practice or HSIP807 Professional Practice in Context, and one other 30-credit module.

This module offers you the opportunity to study an area of interest related to your particular area of practice. You will submit a proposal outlining the intended project's focus and scope and negotiate the supervision process with the lecturer(s).

# Master of Nursing

HL0502

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## Duration

One year starting February or July

## Study

Full-time or part-time equivalent

## Location

Hamilton City Campus

## Applications

Close in December or June (late applications may be considered)

## Course structure

There are three options for completing the Masters as shown below.

Core modules are compulsory.

Students can select their preferred practice elective modules from any of the modules below.

### Nurse Practitioner

HSIP805

HSIP902

NURS901

NURS902

### Advanced Practice

HSIP808/HSIP805

HSIP902

HSIP904

Practice module

### Rangahau Research Dissertation

HSIP808

NURS903

HSIP805

### Evidence and Inquiry in Practice

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Fully online

**Semester 1:** 31 January

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

HSIP902

### Evidence Based Practice Project

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**Duration:** One semester

**Credits:** 30

**Level:** 9

**Location:** Hamilton City Campus

**Semester 1:** 2–3 February, 16 March, 3 May

**Semester 2:** 4–5 July, 17 August, 11 October

This module focuses on developing a supervised evidence-based project in which you will choose a specific issue related to your area of practice. You will critically explore, analyse and articulate the findings that result from this enquiry.

HSIP904

### Advanced Practice Development

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**Duration:** One semester

**Credits:** 30

**Level:** 9

**Location:** Hamilton City Campus

**Semester 2:** 12–13 July, 21 September, 12 October

This module enables practitioners to consolidate an advanced practice area and engage in focused career development within health or social services. Practitioners will focus on creative and reflexive learning strategies to develop a more innovative, resilient, and collaborative practice with a specific community or population.

NURS901

### Advanced Nursing Practice

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**Duration:** Full year

**Credits:** 30

**Level:** 9

**Location:** Hamilton City Campus

**Dates:** 9–10 February, 22 March, 20–21 April, 20–21 July, 14 September, 19–20 October

Designed to consolidate and articulate a broad base of empirical, experiential, professional, and contextual knowledge for the comprehensive and advanced clinical management of health consumers with long-term and common or acute conditions. Present evidence towards meeting the nurse's Nursing Council of New Zealand competencies practitioner scope of practice.

NURS902

### Nurse Practitioner Practicum

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**Duration:** Full year

**Credits:** 30

**Level:** 9

**Location:** Hamilton City Campus

**Dates:** 9–10 February, 22 March, 20–21 April, 20–21 July, 14 September, 19–20 October

#### Pre-requisite

Undertake NURS902 Nurse Practitioner Practicum. Candidates must be employed in a relevant area of practice for a minimum of 24-hours-per-week.

Undertake 300 supervised clinical hours for the nurse practitioner practicum and provide evidence of your developing practice through supervision and case review towards meeting the Nursing Council of New Zealand Competencies for the nurse practitioner scope of practice.

NURS903

### Dissertation

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**Duration:** 18 months (3 semesters)

**Credits:** 90

**Level:** 9

**Location:** Hamilton City Campus

**Semester 1:** 2–3 February, 3 May (and two days in Semester 2 as negotiated with supervisor)

**Semester 2:** 4–5 July, 11 October (and two days in Semester 1 the following year as negotiated with supervisor)

This module focuses on developing a supervised research dissertation. You will complete a study that will contribute to advancing nursing knowledge in your area of specialisation.

# Postgraduate Health and Social Practice

## Duration

One year starting February or July

## Study

Full-time or part-time equivalent

## Location

Hamilton City Campus

## Applications

Close in December or June (late applications may be considered)

## Course structure

Students can select their preferred practice elective modules from any of the modules below.

### Postgraduate Certificate and Diploma in Health and Social Practice

#### Certificate

HSIP807

Elective

#### Diploma

HSIP807

Elective

Elective

Elective

### Postgraduate Certificate and Diploma in Health and Social Practice (Professional Supervision)

#### Certificate

HSIP810

HSIP811

#### Diploma

HSIP807

HSIP810

HSIP811

Elective

### Postgraduate Certificate in Mental Health and Addiction (Level 8)

#### Certificate

HSIP818

HSIP819

#### Diploma

HSIP807

HSIP817

HSIP818

HSIP819

## HSIP805

### Evidence and Inquiry in Practice

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Fully online

**Semester 1:** 31 January

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

## HSIP807

### Professional Practice in Context

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 31 January, 1 February, 8–9 March, 27–28 April, 1–2 June

This module aims to foster the development of a reflexive practitioner who critically evaluates the practice knowledge, research evidence, and normative values and regulatory frameworks that guide skilled professional practice in health and/or social services. It aims to cultivate inquiring and thoughtful practitioners who collaborate with clients, communities and other health and social service professionals within the interprofessional contexts of practice.

## HSIP810

### Professional Supervision 1

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 13–14 February, 20–21 March, 1–2 May

The purpose of this module is to develop knowledge and skills in supervision. You will define the scope of supervision in various fields of practice and critically evaluate its practice in professional, organisational, cultural, ethical, and legal contexts.

## HSIP811

### Professional Supervision 2

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**Duration:** One semester Credits: 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 2:** 24–25 July, 4–5 September, 9–10 October

#### Pre-requisite

HSIP810 Professional Supervision 1 (or HSHS802)

Designed to develop practitioners to a more advanced level of professional supervision practice, you will critically examine a range of supervision, theories and approaches and develop a well-integrated supervision framework to inform their supervision practice. In addition, this module develops intentional supervisors who will facilitate critically reflective, restorative, and accountable practice in practitioners. You will have the opportunity to consolidate the role and further develop your identity as a supervisor, working within a complexity of organisational and professional contexts.

## HSIP815

### Supervised Critical Enquiry

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 7 February, 19 April

**Semester 2:** 25 July, 12 September

#### Pre-requisite

NURS802 Reasoning in Practice or HSIP807 Professional Practice in Context, and one other 30-credit module.

This module offers you the opportunity to study an area of interest related to your particular area of practice. You will submit a proposal outlining the intended project's focus and scope and negotiate the supervision process with the lecturer(s).

## HSIP817

### Advance Practice Skills in Mental Health and Addiction

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**Duration:** One semester Credits: 30

**Level:** 8

**Location:** Online and Hamilton City Campus

**Semester 2:** Induction 18 July, workshops 12–13 August, 16–17 September

This module aims to develop a thoughtful and enquiring practitioner ready to work alongside tangata whaiora experiencing mental health and addiction issues through evidence-based practice skills. You will demonstrate advanced culturally responsive skills in relational practice in meeting tangata whaiora needs, and enhancing wellbeing in the context of mental health and addiction in New Zealand.

## HSIP818

### Applied Theoretical Approaches for Mental Health and Addiction

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 14 February, 18–19 March, 13–14 May

This module integrates best practice approaches and engages participants in learning around tangata whaiora centred case formulation, treatment and intervention practice skills relevant to mental health and addiction in New Zealand. You will develop culturally responsive knowledge, enabling you to work across and simultaneously with tangata whaiora experiencing co-existing mental health and addiction diagnoses and presentations.

## HSIP819

### Comprehensive Assessment and Treatment Planning for Mental Health

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus and online

**Semester 2:** Induction 18 July, workshops 26–27 August, 28–29 October

Develop knowledge and skills in screening and assessment to support the use of effective treatment(s) and intervention(s) when working with tangata whaiora experiencing mental health and addiction in New Zealand.



# Master of Professional Practice

HS1701

## Duration

One year starting February or July

## Study

Full-time or part-time equivalent

## Location

Hamilton City Campus

## Applications

Close in December or June (late applications may be considered)

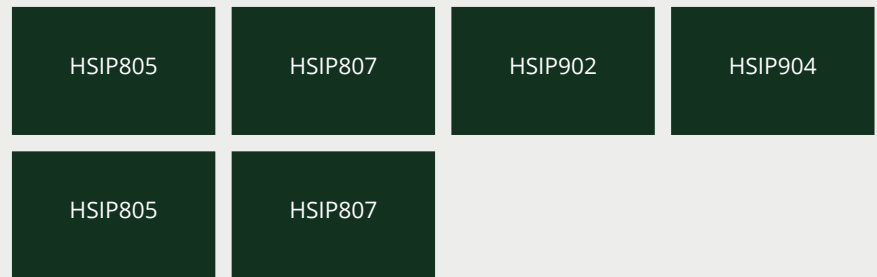
## Course structure

There are three options for completing the Masters as shown below. Students can select their preferred elective modules from any of the modules below.

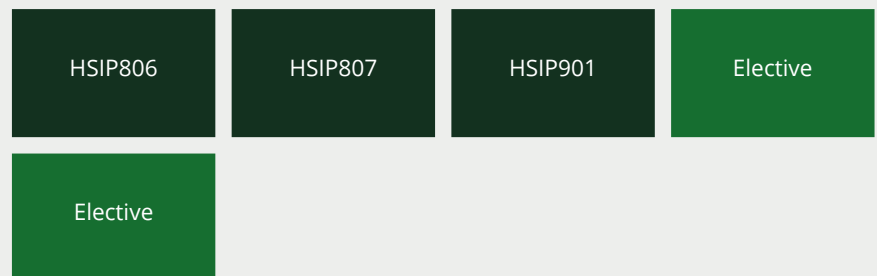
### Research in Practice option structure



### Practice Development option structure



### Industry-based Project option structure



### HSIP805

#### Evidence and Inquiry in Practice

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Fully online

**Semester 1:** 31 January

This module focuses on locating and critically analysing the research evidence that guides reasoning and professional judgement within specific client situations and organisational contexts. Develop your ability to utilise concepts of evidence-based practice and critical inquiry that underpin advanced practice.

### HSIP806

#### Designing Practice

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 9–10 February, 24 February (and one further date to be negotiated)

This module prepares students to respond innovatively to complex practice problems. Students will work through a real world practice problem, learning skills for working collaboratively in inter-professional teams to design creative responses to problems. The emphasis will be on service design.

### HSIP807

#### Professional Practice in Context

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**Duration:** One semester

**Credits:** 30

**Level:** 8

**Location:** Hamilton City Campus

**Semester 1:** 31 January, 1 February, 8–9 March, 27–28 April, 1–2 June

This module aims to foster the development of a reflexive practitioner who critically evaluates the practice knowledge, research evidence, and normative values and regulatory frameworks that guide skilled professional practice in health and/or social services. It aims to cultivate inquiring and thoughtful practitioners who collaborate with clients, communities and other health and social service professionals within the interprofessional contexts of practice.

### HSIP901

#### Industry based project

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**Duration:** One year

**Credits:** 60

**Level:** 8

**Location:** Hamilton City Campus

**Semester 2:** , 20–21 July, 4 August, and two further dates to be negotiated.

This module enables experienced health and social practice practitioners to engage in industry-based activities to explore relevant and meaningful solutions for practice related challenges in their workplace. The industry-based project aims to support practitioners in building resilience and increased capacity within organisations and communities of practice.

### HSIP902

#### Evidence Based Practice Project

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**Duration:** One semester

**Credits:** 30

**Level:** 9

**Location:** Hamilton City Campus

**Semester 1:** 2–3 February, 16 March, 3 May

**Semester 2:** 4–5 July, 17 August, 11 October

This module focuses on developing a supervised evidence-based project in which you will choose a specific issue related to your area of practice. You will critically explore, analyse and articulate the findings that result from this enquiry.

### HSIP903

#### Dissertation

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**Location:** Hamilton City Campus

**Semester 1:** 2–3 February, 3 May (and two days in Semester 2 as negotiated)

**Semester 2:** 4–5 July, 11 October (and two days in Semester 1 the following year as negotiated)

This module aims to guide students through the identification of a research topic, the construction of a research proposal, gaining ethical approval and conducting a major written project relevant to their field of practice. Students draw on learning and skills acquired in the taught components of the Master of Professional Practice programme to develop a scholarly piece of work that demonstrates skills in data collection, critical analysis and proficient written communication of ideas.

### HSIP904

#### Advanced Practice Development

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**Duration:** One semester

**Credits:** 30

**Level:** 9

**Location:** Hamilton City Campus

**Semester 2:** 12–13 July, 21 September, 12 October

This module enables practitioners to consolidate an advanced practice area and engage in focused career development within health or social services. Practitioners will focus on creative and reflexive learning strategies to develop a more innovative, resilient, and collaborative practice with a specific community or population.