

## Diploma in Wellness and Relaxation Massage

(Level 5)

Leading to a New Zealand Diploma in Wellness and Relaxation Massage (Level 5)

Wintec code:	SH1803	MoE:	NZ2740
Level:	5	Credits:	120
Owner:	Centre for Sport Science and Human Performance	Effective Date:	January 2020

These regulations should be read in conjunction with the Institute's Academic Regulations.

### 1. Admission and Entry

1.1. Candidates can gain entry to this programme by meeting one of the following criteria:

- a) Based on NZ high school achievement (secondary school study):
  - 40 credits at NCEA Level 2; including 10 Literacy credits at NCEA Level 2; and 10 Numeracy credits at NCEA Level 1; or
  - a recognised equivalent; **or**
- b) Based on study completed at a NZ tertiary institution
  - Te Ara Putake (EF1804)(NZ Certificate in Study and Career Preparation (Level 4)) with Health Pathway; or
  - A relevant qualification at NZQF Level 3; or
  - A recognised equivalent qualification; or
  - Equivalent knowledge, skills and experience; **or**
- c) Based on Discretionary Entrance

Applicants who do not meet any of the entry options stated above, and think they have what it takes to complete this programme, can apply for 'Discretionary Entrance'. The application is based on the applicant's ability to demonstrate a likelihood to succeed in the programme. The decision is at the discretion of the Head of School/Centre Director or their delegate. The ability to progress into further study depends on how successful the applicant is within the programme they apply and are accepted into under 'Discretionary Entrance'.

### 1.2 Safety Check

In order to comply with the provisions of the Vulnerable Children Act 2014 and Wintec Child Protection Policies for all '*specified organisations*' providing a '*regulated service*', all candidates/students will be subjected to safety checks. These will include but are not limited to;

- i. A Formal Interview Referee Checks
- ii. A Police Vet Check
- iii. A Risk Assessment

Any unsatisfactory result arising from the full safety checking process may result in the candidate/student being precluded/declined entry or withdrawn from the programme of study. Furthermore, students must declare any pending or new convictions arising during any stage throughout the entire enrolment period. A conviction or failure to declare a conviction may also result in the student being immediately withdrawn from the programme. Persons who are

# Programme Regulations for:

convicted of 'specified offences' will not be accepted onto any programme that requires that person to work in an organisation providing regulated service.

## 1.3 English Language Requirements

Candidates who have English as a second language are required to have an International English Language Test System (IELTS) score of [5.5] in the academic band, with no individual band score lower than [5.0]; or equivalent.

## 1.4 Additional Requirements

Applicants must hold a current comprehensive first aid certificate or acquire one within three months of commencing the programme.

## 1.5 Transfer of Credit

100% transfer of credit is available for this programme (both formal transfer of credit and recognition of prior learning).

## 2. Programme Requirements

2.1 Every candidate for the Diploma in Wellness and Relaxation Massage (Level 5) shall to the satisfaction of the Academic Board follow a programme of study for a period of normally not less than two semesters.

2.2 Each candidate's programme will comprise all modules as listed in Section 5 of these regulations, totalling a minimum of 120 credits.

## 3. Completion of the Programme

A candidate may take up to two years (or three years if studying part-time) to complete this programme, unless an extension is granted by special permission of the Centre Director, or designated equivalent.

## 4. Award of the Qualification

Candidates who successfully complete the requirements of this programme will be eligible for the award of the New Zealand Diploma in Wellness and Relaxation Massage (Level 5).

## 5. Schedule of Modules

*Note: no value in the pre/co-requisite columns means there are no pre/co-requisites for that module.*

Module Code	Module Name	Level	Credits	Pre-Requisites	Co-Requisites
SPHP501	Musculoskeletal Anatomy	5	15	-	-
SPHP503	Human Body Systems 1	5	15	-	-
SPHP508	Lifestyle, Nutrition and Health	5	15	-	-
SPHP513	Human Body Systems 2	5	15	-	-
MASS501	Relaxation and Wellness Massage	5	15	-	SPHP501
MASS502	Massage Therapeutics	5	15	SPHP501 SPHP503 MASS501	MASS503
MASS503	Clinical Massage Practice	5	15	SPHP501 SPHP503 MASS501	MASS502

# Programme Regulations for:

Module Code	Module Name	Level	Credits	Pre-Requisites	Co-Requisites
SPRT501	Fitness Industry Business Skills	5	15	-	-