

# GRADUATE DIPLOMA IN SPORT AND EXERCISE SCIENCE

(LEVEL 7)

**incorporating** GRADUATE CERTIFICATE IN SPORT AND EXERCISE SCIENCE (LEVEL 7)

<b>Wintec code:</b>	SP0801	<b>MoE:</b>	WK2584
<b>Level:</b>	7	<b>Credits:</b>	120
<b>Owner:</b>	Centre for Sport Science and Human Performance	<b>Effective Date:</b>	January 2020

These regulations should be read in conjunction with the Institute's Academic Regulations.

## 1. Admission and Entry

### 1.1 General Academic Admission

a). Candidates are required to:

- i). be an three year Allied Health or Physical Education related degree graduate from a New Zealand Institution or an Approved and Accredited Institution overseas, or
- ii). be able to demonstrate appropriate equivalent practical, professional or educational experience.

### 1.2 Selection Criteria

- a). Candidates will be required to submit supporting evidence of their qualification or a transcript from NZQA stating the equivalence of their qualification.
- b). Every applicant will be required to undergo a selection interview.

### 1.3 Safety check

In order to comply with the provisions of the Vulnerable Children's Act, 2014 and Child Protection Policies for all '*specified organisations*' providing a '*regulated service*', all candidates/students will be subjected to safety checks. These will include but are not limited to;

- A Formal Interview

- Referee Checks
- A Police Vet Check
- A Risk Assessment

Any unsatisfactory result arising from the full safety checking process may result in the candidate/student being precluded/declined entry or withdrawn from the programme of study. Furthermore, students must declare any pending or new convictions arising during any stage throughout the entire enrolment period. A conviction or failure to declare a conviction may also result in the student being immediately withdrawn from the programme.

#### 1.4 English Language Requirements

Candidates who have English as a second language are required to have an International English Language Test System (IELTS) score of 6.0, with no individual band score lower than 5.5; or equivalent.

## 2. Transfer of Credit

- 2.1 Transfer of credit at graduate level is case by case but will not exceed more than 50% of the programme.

## 3. Programme Requirements

- 3.1 Every candidate for the Graduate Diploma in Sport and Exercise Science (Level 7) shall to the satisfaction of the Academic Board follow a programme of study for a period of normally not less than one year.
- 3.2 Each candidate's programme of study for the Graduate Diploma shall comprise of compulsory modules listed in section 6 of these regulations, totalling a minimum of 120 credits, as follows:
- Each candidate is required to complete the compulsory research module in Group A.
  - Each candidate shall complete further modules totalling a minimum of 90 credits from Group B of which at least 75 credits must be at Level 7 and above.
- 3.3 Candidates for the Graduate Certificate will complete modules totalling 60 credits, of which 45 credits must be at Level 7.
- 3.4 Candidates may specialise in one of the following key pathways:
  - Human Performance Science
  - Clinical Exercise Science
To choose modules for these key pathways, candidates should consult the Programme coordinator.

## 4. Completion of the Programme

- 4.1 A candidate may take up to five years to complete this programme, unless an extension is granted by special permission of the Centre Director.

## 5. Award of the Qualification

- 5.1 Candidates who successfully complete the requirements in Section 3.1 and 3.2 of these regulations will be awarded the Graduate Diploma in Sport and Exercise Science (Level 7).
- 5.2 Candidates who successfully complete the requirements in Section 3.3 of these regulations will be awarded the Graduate Certificate in Sport and Exercise Science (Level 7).

## 6. Schedule of Modules

*Note: no value in the pre/co-requisite columns means there are no pre/co-requisites for that module.*

### Group A Compulsory Module for Graduate Diploma

SPHP710B	Research Topics in Sport and Exercise Science	7	30	Both	
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### Group B Modules

Module Code	Module Name	Level	Credits	Stream	Pre-Requisites
SPHP504	Exercise Programming and Design	5	15	Human Performance Science	
SPHP508	Lifestyle, Nutrition and Health	5	15	Both	
SPHP603	Exercise Physiology	6	15	Both	SPHP503 SPHP513
SPHP604	Advanced Programming and Design	6	15	Both	SPHP504
SPHP701	Assessment and Rehabilitation of Injury	7	15	Clinical Exercise Science	SPHP601
SPHP702	Advanced Sport Coaching	7	15	Human Performance Science	SPHP602
SPHP703	Physiological Preparation for Sport	7	15	Human Performance Science	SPHP603 SPHP618
SPHP711	Clinical Exercise Physiology	7	15	Clinical Exercise	
SPHP714	Scientific Principles of Strength and Conditioning	7	15	Human Performance Science	SPHP603 SPHP604

<b>Module Code</b>	<b>Module Name</b>	<b>Level</b>	<b>Credits</b>	<b>Stream</b>	<b>Pre-Requisites</b>
SPBS712	Practicum	7	15	Both	
	Any other approved 15 credit module	5,6 or 7	15		

\* Not all modules may be offered within a given year.

All students will be individually mentored by the Team Manager to ensure that the modules they choose meet