Master of Science (Human Performance Science)

Wintec code:	SP0203	**MoE:**	WK2487
Level:	9	**Credits:**	180
Owner:	Centre for Sport Science and Human Performance	**Effective Date:**	July 2022

These regulations should be read in conjunction with the Institute's Academic Regulations.

1. Transition Arrangements

The Master of Science (Human Performance Science) 180 credit programme replaces the Master of Science (Sport and Exercise Science) 240 credit programme with effect from January 2020. The transition arrangements for students currently enrolled on the 240 credit programme are:

- Students currently enrolled in the 240-credit programme (and who have passed any associated module) may complete the requirements for this programme but they must complete by June 2021.
- In consultation with the Centre Director or delegated authority, students on the 240-credit programme may transition to the new 180 credit replacement programme on a case by case basis.
- New students enrolling as of 2020 will be subject to the new 180 credit programme regulations.

2. Admission and Entry

2.1. General Academic Admission

a) Candidates are required to have:

i. A Bachelor of Sport and Exercise Science with a minimum B grade (65%) in the third year; **or**

ii. A corresponding NZ Bachelor degree with a minimum B grade (65%) in the third year; **or**

iii. A Postgraduate Diploma in Sport and Exercise Science with a minimum B grade average; **or**

iv. A corresponding NZ Postgraduate Diploma with a minimum B grade average; **or**

v. Equivalent.

2.2. Special Admission

Domestic applicants aged 20 years or above who have not met the General Admission or entry requirements for a programme but whose skills, education or work experience indicate that they

have a reasonable chance of success[1] may be eligible for Special Admission. Special admission will be granted at the discretion of the relevant Head of School/Centre Director or designated nominee. Such applicants may be required to successfully complete a foundation, bridging or tertiary introductory programme as a condition of entry into higher level programmes.

2.3. Selection Criteria

a) Candidates must complete their application for selection at least two months prior to the commencement of the programme. Applications received after this point will be considered on a case-by-case basis.

b) Every applicant will attend a selection interview.

2.4. English Language Requirements

a) Candidates who have English as a second language are required to have an International English Language Test System (IELTS) score of 6.5 with no individual band score lower than 6.0; **or**,

b) Equivalent[2].

3. Transfer of Credit

3.1. Transfer of credit at postgraduate level is case by case but will not exceed more than 90 credits of the programme.

4. Safety Check

4.1 In order to comply with the provisions of the Vulnerable Children Act 2014 and Wintec Child Protection Policies for all '*specified organisations*' providing a '*regulated service*', all candidates/students will be subjected to safety checks. These will include but are not limited to;

- A Formal Interview
- Referee Checks
- A Police Vet Check
- A Risk Assessment

Any unsatisfactory result arising from the full safety checking process may result in the candidate/student being precluded/declined entry or withdrawn from the programme of study. Furthermore, students must declare any pending or new convictions arising during any stage throughout the entire enrolment period. A conviction or failure to declare a conviction may also result in the student being immediately withdrawn from the programme.

Persons who are convicted of '*specified offences*' will not be accepted onto any programme that requires that Person to work in an organisation providing a regulated service.

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[1] Education Act 1989 Section 224 (3)

[2] Refer to The Table at http://www.nzqa.govt.nz/about-us/our-role/legislation/nzqa-rules/nzqf-related-rules/the-table/ for a list of equivalents

5. Programme Requirements

5.1. Every candidate for the Master of Science (Human Performance Science) shall to the satisfaction of the Academic Board follow a programme of study for a period of normally not less than three semesters or an equivalent programme of part-time study.

5.2. Each candidate's programme of study shall comprise compulsory and elective modules, totaling 180 credits, from the Schedule of Modules in Section 8 of these regulations.

5.3. Candidates will be required to complete one of the following two options:
   a) Option 1: Dissertation pathway – Candidates are required to complete the compulsory modules in Group A and three specialist modules from Group C; or
   b) Option 2: Thesis pathway – Candidates are required to complete the compulsory modules in Group B and two specialist modules from Group C.

5.4 Supervision, Reporting and Assessment of Dissertation and Thesis
   a) Each candidate will be
      i. appointed one Lead Supervisor.
      ii. appointed one Internal and one External Examiner for marking.

6. Completion of the Programme

6.1. A candidate may take up to three years in which to complete the Master of Science (Human Performance Science), unless an extension is granted by special permission of the Centre Director for Sport Science and Human Performance or delegated nominee.

7. Award of the Qualification

   a) Candidates who successfully complete the requirements in section 5 and gain an overall weighted average grade of 75% (A) or better, will receive the award of Master of Science (Human Performance Science) with Distinction.
   b) Candidates who successfully complete the programmes requirements as stated in section 5 of these regulations will receive the award of Master of Science (Human Performance Science)

8. Schedule of Modules

Note: no value in the pre/co-requisite columns means there are no pre/co-requisites for that module.

Group A Compulsory for Master of Science (Human Performance Science) by Dissertation

Module Code	Module Name	Level	Credits	Pre-requisites	Co-requisites
SPPG014	Dissertation (Masters)	9	60	SPPG019	
SPPG023 SPPG017	Health and Wellness Psychology or Human Performance Science Innovations #	8 8	15 15		

Module Code	Module Name	Level	Credits	Pre-requisites	Co-requisites
SPPG019	Advanced Research Methods	8	15		

A choice of either SPPG017 Human Performance Science Innovations OR SPPG023 Health and Wellness Psychology

Group B Compulsory for Master of Science (Human Performance Science) by Thesis

Module Code	Module Name	Level	Credits	Pre-requisites	Co-requisites
SPPG017 SPPG023	Human Performance Science Innovations # or Health and Wellness Psychology#	8 8	15 15		
SPPG019	Advanced Research Methods	8	15		
SPPG020	Thesis	9	90	SPPG019	

A choice of either SPPG017 Human Performance Science Innovations OR SPPG023 Health and Wellness Psychology

Group C Specialist optional modules can be chosen from the following Wintec Postgraduate Sport and Exercise Science modules listed in the table below

Module Code	Module Name	Level	Credits	Pre-requisites	Co-requisites
SPPG023	Health and Wellness Psychology	8	15		
SPPG003	Advanced Topics in Biomechanics	8	30		
SPPG004	Advanced Topics in Exercise Physiology	8	30		
SPPG005	Advanced Topics in Sport Nutrition	8	30		
SPPG007	Advanced Topics in Rehabilitation	8	30		
SPPG015	Clinical Exercise Physiology	8	30		
SPPG016	Strength and Conditioning	8	30		
SPPG018	Work Integrated Practice	8	30		
SPPG021	Performance Analysis	8	30		

| SPPG022 | Advance Performance Analysis | 8 | 30 | SPPG021 | |