

Programme Regulations for:

Certificate in Exercise

(Level 5)

Leading to a New Zealand Certificate in Exercise (Level 5)

Wintec code:	SH1802	MoE:	NZ3564
Level:	5	Credits:	60
Owner:	Centre for Sport Science and Human Performance	Effective Date:	January 2020

These regulations should be read in conjunction with the Institute's Academic Regulations.

1. Admission and Entry

1.1 Candidates can gain entry to this programme by meeting one of the following criteria:

- a) Based on study completed at a NZ tertiary institution:
 - i. The New Zealand Certificate in Exercise (Level 4)(ref:3563); or
 - ii. An equivalent qualification; or
 - iii. Equivalent knowledge, skills and experience; **or**
- b) Based on Discretionary Entrance

Applicants who do not meet any of the entry options stated above, and think they have what it takes to complete this programme, can apply for 'Discretionary Entrance'. The application is based on the applicant's ability to demonstrate a likelihood to succeed in the programme. The decision is at the discretion of the Head of School/Centre Director or their delegate. The ability to progress into further study depends on how successful the applicant is within the programme they apply and are accepted into under 'Discretionary Entrance'.

1.2 English Language Requirements

Candidates who have English as a second language are required to have an International English Language Test System (IELTS) score of 5.5 in the academic band, with no individual band score lower than 5.0; or equivalent.

1.3 In order to comply with the provisions of the Vulnerable Children Act 2014 and Wintec Child Protection Policies for all '*specified organisations*' providing a '*regulated service*', all candidates/students will be subjected to safety checks. These will include but are not limited to;

- A Formal Interview
- Referee Checks
- A Police Vet Check
- A Risk Assessment

Any unsatisfactory result arising from the full safety checking process may result in the candidate/student being precluded/declined entry or withdrawn from the programme of study. Furthermore, students must declare any pending or new convictions arising during any stage throughout the entire enrolment period. A conviction or failure to declare a conviction may also result in the student being immediately withdrawn from the programme.

Programme Regulations for:

2. Transfer of Credit

2.1 100% transfer of credit is available for this programme (both formal transfer of credit and recognition of prior learning).

3. Programme Requirements

3.1 Every candidate for the Certificate in Exercise (Level 5) shall to the satisfaction of the Academic Board follow a programme of study for a period of normally not less than one semester.

3.2 Each candidate's programme will comprise all modules as listed in Section 6 of these regulations, totalling a minimum of 60 credits.

4. Completion of the Programme

4.1 A candidate may take up to 2 years to complete this programme, unless an extension is granted by special permission of the Centre Director, or designated equivalent.

5. Award of the Qualification

5.1 Candidates who successfully complete the requirements of this programme will be eligible for the award of the New Zealand Certificate in Exercise (Level 5).

6. Schedule of Modules

Note: no value in the pre/co-requisite columns means there are no pre/co-requisites for that module.

Module Code	Module Name	Level	Credits	Pre-Requisites	Co-Requisites
SPRT502	Advanced Training	5	15		
SPRT503	Exercise Considerations for Special Populations	5	15		
SPRT504	Exercise Prescription for Health & Wellbeing	5	15		
SPRT505	Networking & Nutrition for Personal Training	5	15		