

Programme Regulations for:

Bachelor of Sport and Exercise Science (Honours)

Wintec code:	SP0202	MoE:	WK2486
Level:	8	Credits:	120
Owner:	Centre for Sport Science and Human Performance	Effective Date:	January 2024

These regulations should be read in conjunction with the Institute's Academic Regulations.

1. Admission and Entry

1.1 General Academic Admission

- a) Applicants are required to have gained a Bachelor of Sport and Exercise Science at the Waikato Institute of Technology, with a grades average of B or better in the final year of full-time study (or equivalent in part-time study), and a grade of B or better in the third year research project (or equivalent); **or**
- b) Have an equivalent undergraduate degree.

1.2 Selection Criteria

- a) Every applicant will attend a selection interview.
- b) Where there are more applications than the number of places available, selection will be determined on the basis of:
 - i) academic ability as demonstrated in the applicant's undergraduate degree, **and**
 - ii) prior experience in sport and exercise science.

1.3 English Language Requirements

Candidates who have English as a second language are required to have an International English Language Test System (IELTS) score of 6.5, with no individual band score lower than 6.0; or equivalent.

2. Transfer of Credit

- 2.1 Transfer of credit at postgraduate level is case by case but will not exceed more than 50% of the programme.

3. Programme Requirements

- 3.1 Every candidate for the Bachelor of Sport and Exercise Science (Honours) programme shall to the satisfaction of the Academic Board complete a programme of study for a period of normally not less than two semesters.
- 3.2 Each candidate's programme will comprise the following two Group A core compulsory modules, together with one module from the Group B specialist option modules in Section 6 of these regulations.

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- 3.3 Candidates may include in their programme, in place of an optional specialist module from the list in Section 6, an advanced vocational elective module or modules totalling a minimum of 30 credits, which must be at Level 7 or above, from any programme at the Waikato Institute of Technology or another tertiary institution, subject to the following restrictions:
- a) The elective modules must be approved by the Team Manager as appropriate for the programme and to the candidate's intended career.
 - b) The candidate must have fulfilled any prerequisite requirements of the elective module or modules.
 - c) Where an elective module is at Level 7, candidates will complete extra work under supervision, as approved by the Team Manager, to make the module equivalent to a level 8 module.
- 3.4 Candidates who have failed more than one module in the programme will not be permitted to re-enrol.

4. Completion of the Programme

- 4.1 A candidate may take up to five years to complete this programme unless an extension is granted by special permission of the Centre Director.

5. Award of the Qualification

- 5.1 The degree of Bachelor of Sport and Exercise Science (Honours) may be awarded with First Class Honours, Second Class Honours (first division), or Second Class Honours (second division).
- a) Classes of Honours will be calculated according to candidates' weighted average grade: that is, an average to which modules contribute in the same proportion as their credit value, so that the module SPPG012 Dissertation has twice the weight of other modules.
 - b) The modules used to calculate candidates' class of Honours will be those that make up the first 120 credits completed in the programme, including any failed modules.
 - c) To receive First Class Honours, a candidate must gain a minimum weighted average grade of A– (75%) or better.
 - d) To receive Second Class Honours (first division), a candidate must gain a weighted average grade of from B to B+ (65–74% inclusive).
 - e) To receive Second Class Honours (second division), a candidate must gain a weighted average grade of B– (60–64% inclusive).
 - f) To receive Third Class Honours, a candidate must gain a weighted average of from C to C+ (50–59% inclusive).

6. Schedule of Modules

Note: no value in the pre/co-requisite columns means there are no pre/co-requisites for that module.

Group A – Core Compulsory Modules

Module Code	Module Name	Level	Credits
SPPG001	Advanced Research Methods		30
SPPG012	Dissertation		60

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Group B Schedule of Specialist Option Modules

All modules listed below have an individual module credit value of 30 credits.

Module Code	Module Name	Level	Credits	Pre-Requisites	Co-Requisites
SPPG002	Advanced Topics in Sport Psychology	8	30		
SPPG003	Advanced Topics in Biomechanics	8	30		
SPPG004	Advanced Topics in Exercise Physiology	8	30		
SPPG005	Advanced Topics in Nutrition	8	30		
SPPG006B	Advanced Sports Coaching	8	30		
SPPG007	Advanced Topics in Rehabilitation	8	30		
SHPG009 ^	Professional Practice	8	60	Relevant postgraduate speciality course	
SPPG010	Advanced Vocational Elective	8	30		
SPPG011 #	Special Topic	8	30		
SPPG015	Clinical Exercise Physiology	8	30		
SPPG016	Strength and Conditioning	8	30		

Recommended to have completed a Postgraduate Specialist module.

Candidates intending to enter the Master of Science (Sport and Exercise Science) programme upon completion of their Postgraduate Diploma in Exercise Science should include these modules in their programme of study.